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MEDIA RELEASE

LISA VISKA JOINS BOARD OF ASTHMA FOUNDATION OF WA

Mr Darren Beazley, President of the Board of the Asthma Foundation of WA, is thrilled to announce the appointment of Ms Lisa Viska to the Foundation's Board.

Ms Viska is a Consultant Psychologist with Advanced Personnel Management (APM) – and – the Association for the Blind of Western Australia. APM is an Australian owned provider of services in injury prevention and injury and disability management.

Mr Beazley says, "Lisa joins the Board at a critical juncture for the Asthma Foundation of WA. The Board is about to commence the strategic planning process that will inform the direction of the Foundation over the next three years. With her experience and skills, Lisa will make a major contribution to ensuring that the Asthma Foundation of WA can achieve its mission of *helping people breathe better.*"

Ms Viska says, "I am humbled and honoured to be joining the Board of the Asthma Foundation of WA. The Foundation plays such an important role in educating and supporting the more than 225,000 Western Australians with asthma. I look forward to working with the Board and Staff of the Foundation as we embark upon the next phase of the Foundation's development."

Ms Viska's appointment comes at an important time when asthma and respiratory conditions are on the community and the health sector's radar. Given the recent smoke haze in Perth, the Asthma Foundation of WA is warning people with respiratory illnesses to stay indoors as much as possible and avoid air-conditioning units which use outside air.

The Asthma Foundation of WA urges people with asthma to ensure that they are carrying their reliever medication at all times. For more information or advice, please visit www.asthmawa.org.au, or phone the free Asthma Helpline 1800 645 130.

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Media Contact:

Kate Van Saane, Strategic Relationship Coordinator, (08) 9289 3663,
0423 856 821.