

Asthma Shop Catalogue

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Ph (08) 9289 3600 Fax (08) 9289 3601

Did you know that an asthma educator is on hand 8.30am to 5.00pm Mon - Fri to answer queries about managing your or your childrens asthma over the phone? They can also answer queries about items sold in the Asthma Shop.

THIS IS A FREE SERVICE. 9289 3600



Asthma
Foundation WA

Product of the Month - Lite Air Spacer

The Lite Aire spacers are disposable and made of cardboard. These spacers are light weight and foldable, making them easy to carry when travelling, or for use in a first aid kit. Lite Aire spacers are available from the Asthma Foundation WA for \$6.50 and are sold in packs of four for \$20. Members of the Asthma Foundation WA receive a 10% discount on all retail purchases.



More details on this and other spacers on page 2.

DUST MITE COVERS

Please measure your mattress carefully before ordering (length, width & thickness)

Mite Guard RX

Made from lightweight synthetic non-plastic 'rustle-free' and breathable fabric. Each cover is fully washable and completely encases the mattress, quilt or pillow with a zip fastening. Tumble dry cool. One year warranty. Custom sizes available.

AllergEnd Plus - 100% cotton AllergEnd Plus uses very tightly woven cotton yarns to produce an exclusive fabric that is breathable and soft. It inhibits dust mites and allergens while allowing cool, filtered air to flow through your mattress, pillow and quilt. Tumble dry warm. Four year warranty. Custom sizes available.

MITE GUARD	Size	Price
Mattress Covers		
Cot	68 x 130 x 15 cm	\$ 54.50
Single	92 x 190 x 25 cm	\$ 99.95
King Single	107 x 204 x 25 cm	\$107.55
Double	138 x 190 x 27 cm	\$120.90
Queen	152 x 204 x 33 cm	\$138.50
King	183 x 204 x 33 cm	\$150.85
*Custom made	add \$17 to closest mattress size	
* Item not carried in stock and must be prepaid.		
Quilt Covers		
Cot	100 x 140 cm	\$ 49.65
Single	140 x 210 cm	\$ 95.75
Double	180 x 210 cm	\$111.20
Queen	210 x 210 cm	\$125.30
King	240 x 210 cm	\$142.40
Pillow Covers		
Cot	40 x 60 cm	\$ 15.05
Standard	48 x 73 cm	\$ 17.20
Tri (V) Shaped	-	\$ 22.40
European	65 x 65 cm	\$ 22.40

ALLERGEND	Size	Price
Mattress Covers		
Cot	72 x 133 x 13 cm	\$ 98.75
Single	91 x 192 x 22 cm	\$138.65
King Single	108 x 203 x 22 cm	\$158.60
Double	137 x 192 x 22 cm	\$178.55
Queen	153 x 203 x 22 cm	\$198.50
*Queen Deep Wall	153 x 203 x 35 cm	\$208.45
King	183 x 203 x 22 cm	\$228.45
*King Deep Wall	183 x 203 x 35 cm	\$228.45
*Custom made	add \$25 to closest mattress size	
* Item not carried in stock and must be prepaid.		
Quilt Covers		
Cot	N/A	
Single	150 x 210 cm	\$138.65
Double	180 x 210 cm	\$164.50
Queen	210 x 210 cm	\$184.55
King	240 x 210 cm	\$208.50
Pillow Covers		
Cot	39 x 57 cm	\$ 23.95
Standard	48 x 73 cm	\$ 28.95
Tri (V) Shaped	-	\$ 44.90
European	65 x 65 cm	\$ 54.50

Spacers increase the amount of medication that gets down to your airways. See below for a wide selection of spacers. If you are unsure, give us a call from 8.30am - 5.00pm Monday to Friday and one of our friendly trained Asthma Educators will be able to advise you. Remember that financial members of the Asthma Foundation WA receive a 10% discount!

SMALL VOLUME SPACERS (children under 4 usually need a mask along with a spacer)

Funhaler \$36.65

Funhaler Mask \$6.50



Take the stress and fear out of providing your child with asthma medication by the use of breath-driven incentive toys such as whistles and spinning discs, attached to the device.

AeroChamber Infant Orange \$38.50



The Infant AeroChamber is suitable for small children requiring a mask. The mask is attached to the unit and is made of latex-free silicon. It also has a visible flow through valve to help monitor inhalation. It is a high quality, flexible chamber that resists cracking, has increased durability and is small enough to fit in a handbag or bum bag.

Able Spacer \$17.50

An Able Spacer will easily fit in handbags, schoolbags, briefcases or your own desk drawer. Each spacer is less than 15 cms long, 6 cms wide AND an inhaler easily fits inside it. It has a hygienic mouthpiece cap and a built-in coaching signal to help improve medication delivery technique. Accepts all metered dose inhalers.

Able Spacer Infant Silicone Mask \$16.00

Able Spacer Child Mask Silicone \$16.00

Select the appropriate attachment for the Able Spacer to be used by infant or child. Clear mask made from flexible silicone moulds gently but effectively around the mouth and nose. Latex-free.

Breath-A-Tech Standard \$15.80

Small spacer suits all ages. Accepts all metered dose inhalers. Made from high impact resistant clear polycarbonate.

Breath-A-Tech Child Face Mask Silicone \$15.30

Breath-A-Tech Adult Face Mask Latex free \$11.40

Attachment for the Breath-A-Tech spacer for use by adults and children. Child's mask designed for children aged 2-4 years. Mask moulds gently and effectively around the mouth and nose.

Space Chamber Child (Autoclavable) \$31.05

Low resistance inspiratory and expiratory valves enable unrestricted and continuous breath. Has a visible flow through valve to help monitor inhalation which makes it ideal for parents monitoring child usage. Accepts all metered dose inhalers.

Child Space Chamber Face Mask Silicone \$19.50

Attachment for the Child Space Chamber spacer for use by children. Mask is latex free silicone and can be sterilised by boiling or autoclaving.



LARGE VOLUME SPACERS

Volumatic \$12.60



Large spacer suitable for children 5 years to adult. Comes in two halves for easy cleaning and storage. Designed for Ventolin, Asmol, Flixotide, Serevent, Seretide. You can see and hear the valve moving to confirm that the medication is being inhaled effectively. Ideal for school or workplace first aid kits.

Space Pod (Autoclavable) \$25.20



Large spacer suitable for children over 5 years and adults. Accepts all metered dose inhalers. All components are latex-free. Hospitals and medical centres may find it useful as it is autoclavable.

PEAK FLOW METERS

Mini-Wright Child and Adult: \$37.00

The adult size has an easy to read meter with a wide range which makes it ideal for any adult and suitable for children over the age of 7. High quality meter. Comes with instructions for use and includes a chart to help you plot your results.

Breath-Alert Standard (Adult): \$31.20

The Breath-Alert Peak Flow Meter is simple to use for measuring airways performance. Comes with instructions for use and includes a chart to help plot your results and easy to read peak flow meter coloured



Pull a jacket on it, then put it on your keys or around your neck and do what you do! Designed to fit a standard 200 metered dose inhaler -

Just \$16.00

IMPORTED TO WA FROM THE UK!



Puffapouch is trendy new inhaler "streetwear". It's a stylish, lightweight cover for your inhaler that comes with a lanyard and keyring for wear around the neck or on a key chain. Choose from these colours: black, red, camouflage and hot pink. A great gift for children with asthma and adults will love it too.

NEBULISERS and accessories (medication not included)

Omron Nebuliser* \$605.00



The Omron is a truly portable, pocket size nebuliser that will fit in any handbag or briefcase. It will work for approx. 8 days (30 minutes each day) on just two AA size batteries and the simple one button operation enables immediate start of the nebulisation. Also plugs into mains power source. Your medication is always within reach wherever you go, whatever you do. Item not carried in stock but available within two working days of payment.

2 year warranty. Contents: adult & child mask, carry case

Micro Elite* \$324.60



Suitable for both paediatric and adult use, the palm-sized compressor provides treatments in as little as 8 minutes and can be run with AC power, a car adapter, or battery. The battery powers the MicroElite Compressor Nebulizer System for up to 60 minutes. Can be powered by three sources—AC, car adapter, or its battery.

3 year warranty.
Contents: compressor, rechargeable lithium polymer battery, AC adaptor (AUS, US, EU), 12V DC adaptor, Micro Plus reusable nebulizer, 4 replacement filters, instructional DVD, carrying case.

Micro Elite Nebuliser Masks now in stock \$7.00

Porta Neb* \$220.00



Designed with a heavy duty motor which allows it to be used several times per day by several people for reliable nebulisation of reliever medication. Ideal for schools or care facilities. Capable of nebulising more than one medication at a time using the Sidestream system which is supplied with the machine. Can also be used for Pulmicort. Compact portable unit with large internal storage compartment for your nebuliser accessories. Includes "parking post" to hold medication chamber to eliminate spillage. Mains power only.

3 year warranty.

Contents: 1 x Porta-neb compressor, 1 x SideStream reusable nebuliser, 1 x adult mask, 1 x child mask, 1 x angled reusable mouthpiece, 1 x straight Duratube, 4 x air inlet filter, 1 x AC cable

Porta Neb Ventstream* \$80.00

This is an attachment to the Porta Neb. Specifically designed to nebulise commonly prescribed inhaled antibiotics, inhaled steroids (preventers), and bronchodilators (relievers).



* Medication not included

Why not ring up and talk to one of our trained Asthma Educators about the nebuliser that will best suit your needs? Our office hours are 8:30am to 5:00pm weekdays and there is always someone here to talk to. If you feel you need more in-depth information, phone us to make an appointment for a free 1-hour clinic available at our Joondalup, Lockridge, Armadale, Rockingham or West Perth offices. 9289 3600

OTHER ITEMS AVAILABLE



Haleraid 200 \$9.50 Haleraid 120 \$9.50

The Haleraid is an aid to help you grip and press the canister of your inhaler. Useful for people who suffer from arthritic hands or another disability affecting the hands. The Haleraid is placed around the inhaler and squeezed to deliver a dose. Select the size that matches your inhaler.



Asthma Emergency Kit / Bumbag \$18.70

A handy bumbag including current step by step asthma First Aid card, great for carrying your inhaler and spacer especially on excursions, camps and sporting events. Ideal for schools or child care centres.



Model Airways \$115.00

An ideal tool for asthma education. Two models included - one a healthy bronchiole and one a bronchiole that illustrates smooth muscle tightening, inflammation and excess mucous production caused by asthma. Made from latex and cloth.



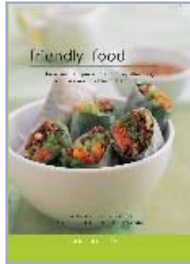
side view of model airways

BOOKS & DVDs

FRIENDLY FOOD \$29.95

Food for Life
Loblay, Swane, Soutter

Delicious and beautifully illustrated recipes, with essential advice from leading allergy experts at the Royal Prince Alfred Hospital Allergy Unit. This book is an essential guide for anyone with allergies or food or chemical intolerances "Packed full of imaginative recipes for all lifestyles and ages".



Summer Special!
Friendly Food & Know Your Asthma both books for only **\$35**

Save \$9.90

KNOW YOUR ASTHMA \$14.95

Prof. Christine Jenkins

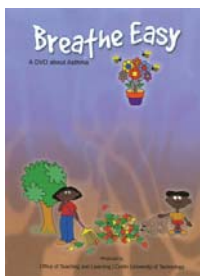
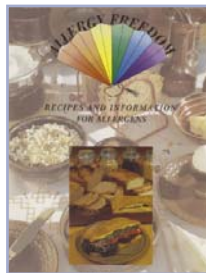
Have you forgotten to ask critical questions when visiting your doctor, or forgotten the answer? Ever wondered how you would manage a child in your care having an severe asthma attack? ... You may be puzzled by conflicting reports on the value of alternative therapies, or would like to know more about the latest research and treatments. If so, this book is for you.



ALLERGY FREEDOM \$12.00

Recipes and Information for Allergens

Local writers Madeline Hayles and Verna McKenzie have drawn on their own experiences with asthma and allergies and used their cookery expertise to find solutions for sensitive eaters. Complete with shopping guides and daily hints for a healthy and appetising non-allergenic diet.



BREATHE EASY Asthma education DVD \$15.00

This is designed for use by health professionals working with Aboriginal people and was produced as part of the successful Commonwealth funded Asthma Targeted Intervention Grants. Asthma Foundation WA, in conjunction with the South West Aboriginal Medical Service have developed this DVD and a range of asthma resources to be used specifically with Aboriginal children.

The other resources produced are:

- A4 Asthma First Aid Poster
- Asthma First Aid postcard
- Asthma First Aid wallet card
- Asthma Information brochure
- Things to Tell Your Doctor
- Asthma in Seniors
- Asthma in Teenagers
- Keeping Active with Asthma

For information on ordering the above resources and/or costs please ring 9289 3600.

ORDER FORM

Please send your order to:

Asthma Foundation WA

PO Box 864 West Perth WA 6872, Fax: 9289 3601
or email us at asthmashop@asthmawa.org.au

Organisation _____

Title _____ Name _____

Surname _____ Order # _____

Postal Address _____

_____ P'code _____

Phone/Mobile _____

Email _____

- Please post my order to the above address
- Please hold my order for my collection
- Please courier my order for my collection (metro only)

Product	Qty	Item Price	Total
Sub-Total			
Plus Membership \$44.00			
Concession \$22.00			
Less Member Discount - 10%			
Donation			
Postage & Packaging Please phone the Asthma Shop 9289 3600			TBA
Registered Post \$2.60 * (Please include for all purchases over \$95)			
TOTAL PAYMENT			

* The Asthma Foundation cannot be held responsible for lost/damaged items once they have left

Cardholder's Name _____

Card Number - - - - / - - - - / - - - - / - - - -

Expiry Date - - / - - Visa MasterCard

Signature _____